

Reiki I Training

with Penelope Jewell and Anne Schneider

**Traditional Teaching Masters in the Usui System of Natural Healing - Reiki
April 2 & 3, 2010 in Kerrville, TX**

- **Reiki is a natural healing art which anyone can learn**
- **Reiki can be used for yourself and any other living thing**
- **Reiki is a safe, non intrusive, non-invasive hands-on therapy**
- **Reiki catalyzes the body's natural ability to heal itself**
- **Reiki supports other therapies to balance body/mind/spirit**

Reiki I training is a hands-on experience, given in four consecutive three-hour sessions, and follows the form of a full treatment. Time is given for instruction and practice in each session. By the end of the training you will have given and received a full Reiki treatment.

At a Reiki I training you will learn everything you need to know to give Reiki to yourself and others: people, plants, animals, any living thing. The Reiki training, with four attunements to your natural healing energy, is a way to reawaken and reconnect with your natural healing abilities.

Reiki I Training with Penelope Jewell & Anne Schneider
at Ventana al Cielo Studio

April 2 & 3, 2010, FRI 6:30 – 9:30 p.m., SAT 9:30 a.m. – 5:30 p.m.
Cost: \$225 includes Guidebook and Certificate of Training

Reiki II Training

with Penelope Jewell and Anne Schneider

Traditional Teaching Masters in the Usui System of Natural Healing - Reiki

March 27 & 28, 2010 in Kerrville, TX

- **Reiki II Training** allows you to deepen your connection with your natural healing abilities, and to explore new dimensions of healing. Reiki II allows you to focus, increase and direct the flow of Reiki energy you learned in the first level training. You can "send" Reiki energy to yourself or anyone else, any relationship or any situation in any time or space – past, present and future.
- **Reiki II Training** expands your ability to focus on your own or another's healing, including relationships – your relationship to yourself, to another, or to a situation in your life; possible causal factors, and present manifestation of any dis-harmony or disease. Sending Reiki can bring balance and healing to the body/mind/spirit in any time, space or dimension.
- **Reiki II Training** is available for those who have practiced Reiki level I for a minimum of three months, and have given and received three full Reiki I treatments.
- **Reiki II Training** is a hands-on experience, given in three consecutive sessions. Time is given for instruction and practice in each session. You will learn symbols and methods to incorporate into physical treatments, and to be able to send Reiki over time and space in as focused a way as if you were in the same room.



Penelope Jewell has taught Reiki around the world since being initiated in 1988 as the first Usui System traditional teaching Master in New York State. Penelope is the author of two books on Reiki: "A Guide to Your Practice of Reiki Energy Healing" and "A Master's Path."



Anne Schneider is the twentieth of Penelope Jewell's teaching Masters worldwide. Anne is the designer and author of an instructional deck of cards: "Reiki Card Deck: 50 Guided Energy Techniques to Heal Body, Mind, and Spirit."

**Reiki II Training with Penelope Jewell & Anne Schneider
at Ventana al Cielo Studio**

March 27 & 28, 2010, SAT 6-9 p.m.; SUN 10 a.m. – 3 p.m.

Cost: \$500* includes Manual and Certificate of Training

**Paid registration due by FRI, March 19, 2010*

For more information or to register contact Anne Schneider:
Anne's website www.ReikiTexas.info or call Anne (830)895-3361

Free Public Reiki Talks & Demonstrations:

Talks include a history of Reiki with hands-on demonstrations

KERRVILLE, TX:

March 31, 2010 at Dietert Senior Center, 12-2 p.m.

March 31, 2010 at Family Sports Center, 6:30-8:30 p.m.

Contact Anne for additional dates: www.ReikTexas.info or (830)895-3361

Usui System of Natural Healing Reiki Shares for initiated Reiki practitioners:

(There is no charge for Reiki Shares. Unless otherwise notified, Shares are hosted by Ventana Al Cielo Studio in Kerrville, Texas. Reiki Shares offer support to practitioners through discussions of Reiki experiences and shared questions & answers. Reiki is practiced in group sessions so that each participant receives and gives Reiki during Shares.)

- 2010 -

January 30, SAT, 1-3 p.m

February 27, SAT, 1-3 p.m.

March 29, MON, 6:30-8:30 p.m.

April 24, SAT, 3-5 p.m.

May 22, SAT, 1-3 p.m.

June 21, MON, 6:30-8:30 p.m.

July 19, MON, 6:30-8:30 p.m.

Dates later in 2010 to be announced.

Contact Anne to **RSVP:** www.ReikTexas.info or (830)895-3361